**What can I do to make a positive impact this week?**

|  |  |
| --- | --- |
| Friendly greeting! | I will do positive affirmations in my class every day!  Greet everyone with a smile and a warm compliment! A little goes a long way  Smiles always makes my day.  Greet everyone in the hallway with a smile...even though they can't see it. ;-) Offer a "hello"/"good morning" |
| Reach out, respond | Follow-up with a student on how they are, their semester is, and how you can help with any questions that they might have.  Reach out to student that has not been responding and tell them "I'm not going to give up on you!"  Contact a student who has been struggling  Follow up with a student who hasn't responded  I have a few students that I know were going through a rough time last semester. I can reach out to check in on them and see how this semester is going. |
| Grace and forgiveness | Continue to offer grace and support to students who are feeling all the feels of post-midterms in the fall semester.  Remember to forgive others, but also to forgive yourself  Forgiveness - a great reminder! The only way relationships work! |
| Listen and be receptive | Listening to student's stories.  Listen to listen instead of listening to respond.  Talking to our Student Ambassadors more and listen to their experiences here on campus.  Be more receptive and respond with acknowledgement before making suggestions |
| Donate, pay it forward | Help others by donating to a cause  Donate to one of the food/hygiene item pantries that students have access to  Donate food to the School Street Food Pantry  Pay for someone's drive thru or coffee order and make their day special <3 |
| Celebrate! | Treat every day as if it is Friday.  Celebrate wins!! |
| Show up | Show up for people.  Show up to work with a smile and great attitude.  Notice people. Hold space for them.  Check on each other |
| Connect | Meet students where they are not where I think they should be. |
| Reflect | Reflect on the work that I have done and will continue to do on campus and encourage other students to take initiative and do the same  Take time to be reflect on what you are grateful for and share that with a colleague or student. |
| Educate | Educate myself better on our resources so I can quickly educate students that may need them |